

MORNING ROUTINE

EAT BREAKFAST

CLEAN UP AFTER

GET DRESSED

MAKE YOUR BED

TIDY YOUR ROOM

BRUSH YOUR TEETH

FIX YOUR HAIR

PUT LAUNDRY AWAY

CLEAN YOUR ZONE

STUDY TIME

EXERCISE



MORNING ROUTINE

No
SCREEN TIME
until ALL tasks
are
COMPLETE

MORNING ROUTINE

BREAKFAST ROTATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

BREAKFAST ROTATION

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

SUNDAY

SUMMER RULES

HAVE YOU:

- ___ MADE YOUR BED?
- ___ BRUSHED YOUR TEETH?
- ___ BRUSHED YOUR HAIR?
- ___ GOTTEN DRESSED?
- ___ HAD BREAKFAST?

plus

- ___ 20 MINUTES OF READING
- ___ 20 MINUTES OF WRITING/COLORING
- ___ CLEAN UP ONE ROOM
- ___ PLAYED OUTSIDE FOR 20 MINUTES
- ___ MADE/BUILT SOMETHING CREATIVE
- ___ HELPED SOMEONE IN THE FAMILY

THEN YOU CAN USE ELECTRONICS